RCNM COVID Health Safety Procedures for Day of Tests

Everyone at the site must sign and follow the “Carting COVID-19 Rules”

- wear a mask and/or full face shield while I am on the premises.
- do not enter the carting premises until requested to for the test.
- maintain the required minimum 6 feet social distancing at all times while on the premises.
- no food or drink while on the carting premises.
- all food or drinks must be kept by or in their vehicle.
- all paperwork must be completed prior to coming to the registration table.
- may be hard to hear instructions and it is contestant’s responsibility to ask for clarification if he or she did not hear something at the time the instruction is given.
- hand sanitizer required at the hand sanitizer station before approaching the registration table and entering the test course.
- maintain the minimum 6 foot social distancing during the walkthrough.
- contestant disqualified if ANY safety requirement are violated while on the carting premises.
- these regulations have been enacted to keep all participants safe.
- no refund issue if contestant is disqualified for a safety infraction.

The registration table will be setup at the entrance to the testing area and will be manned only by the Test Secretary.

A fresh pair of disposable gloves will be used each time the weights are handled by a contestant, judge or other staff. A trash receptacle will be conveniently placed to dispose of gloves after a single use.

The gate and bungee will be disinfected prior to each contestant entering the test area.

Paperwork is to be filled out inside of the cars, not at the registration table.

Spectators will be strictly monitored and will remain outside the fenced testing area

Only the judge, timekeeper, scribe, and the contestant are allowed on the course during a test.

The contestant will exit the course area prior to the next contestant being allowed to enter.

A Test Monitor will ensure that these COVID-Safe practices are adhered to.